

1. Dates: _____
 2. What's on your mind? **HOW TO GET AN "A"**

3. Goal, Mission or Wish: **TO GET AN "A" AND GRADUATE VALEDICTORIAN**

4. Who or what can help you? **INSTRUCTORS FELLOW STUDENTS FAST STUDENTS**

5. Enter the key words your main thought centers around.
 6. What Action steps need to take place? Enter them on this side of the page below. Use the Action Trigger List for more actions.

ACTION TRIGGER LIST			SOLUTION ACTIONS		
BUILD → MAKE	KEYS & CONSIDER	NOTE OBSERVE	WHICH (One)	HOW (Much or often)	
BUY → ORDER → GET	HIRE CONTRACT	PERSPECT	HOW (Easy or F)	HOW (Process)	
CALL → TELEPHONE	IDEA → CREATE	PLAN			
DRAW → DESIGN	ILLUSTRATE	PRACTICE			
DELEGATE	IMAGINE	PRESENT			
EXERCISE	INVENT	RESEARCH			
EXPLAIN	LEARN	SELL			
FIX → REPAIR → MEND	LISTEN	SEND			
FINISH	MEMORIZE				
	MEET				

7. What Questions need to be answered? Enter them on this side of the page below. Use the Question Trigger List for more.

QUESTION TRIGGER LIST		
WHO (What Person)	WHERE (Location)	WHICH (One)
WHO (Already known)	WHEN (Time)	HOW (Much or often)
WHAT (Feature or Benefit)	WHY (Is it necessary)	HOW (Easy or F)
WHAT (Is the difference)	WHY (Reason)	HOW (Process)
WHAT (Description)	WHAT (If)	

WHAT TIME OF DAY IS BEST?
WHERE IS BEST PLACE?
HOW SHOULD I PLAN?

WHAT COLOR CODING SYS. WHO TAKES BEST NOTES? WHAT KIND OF HANDWRITING SHOULD I USE?

WHO SHOULD BE IN GROUP? HOW MANY PEOPLE WHERE & WHEN TO MEET?

HOW MANY TO TUTOR WHERE TO TUTOR DO I WANT TO TUTOR?

WHAT IS INSTRUCTOR LOOKING FOR? HOW MUCH TIME DO I NEED TO SPEND?

WHAT IF I USE MIND MAPS FOR REVIEW AND FINAL SUMMARY?

DECIDE HOW MUCH TIME TO ALLOCATE TO STUDY SET ASIDE THAT TIME **TIME**

DECIDE WHAT TOOLS ARE NEEDED. FLASH CARDS PRACTICE TAKING NOTES. **NOTES**

OBSERVE HOW LAST VALEDICTORIAN DID IT.

RESEARCH STUDY GROUPS STYLES DELEGATE TOPICS **STUDY GROUP**

DECIDE WHO HAS BEST NOTES

CALL PROSPECTIVE STUDENTS DECIDE WHETHER TO TUTOR STUDENTS **TUTOR**

MEMORISE KEY POINTS LISTEN TO ALL DETAIL IN REVIEW CLASS ANSWER EASY QUESTIONS FIRST. **TESTS**

USES MIND MAPS TO TAKE NOTES FASTER REVIEW WITH MIND MAPS **MIND MAPS**

HOW TO GET AN "A"

8. Picture in your mind images of your goal. Draw, sketch or mind map below. Or use this area for writing.
 VISUALIZATION TRIGGER LIST



9. The thin box above can be used as a time line or goal thermometer. Start blackening in the thin box above from left to right.
 10. Write down any ACTIONS or QUESTIONS that come into mind from the images above. (11) Set priorities in boxes on the left.

HOW MANY TEST WILL BE GIVEN?

WHAT CAN I DO IF I DON'T GET AN "A"!??

HOW BIG OF A PARTY SHOULD I THROW WHEN I GET MY "A"?